



# Wimborne Wagtails Spring Newsletter 2019



<https://www.wimbornewagtails.org.uk/>

## Latest Swim Session News

We are very excited to tell you that QE has extended the disabled session to 1.00. This will give us the opportunity to make some changes and possibly offer swimming lessons in very small groups to work on individual swimmer's requirements. This is currently under discussion with QE and we will let you know in due course. At the moment we will be compiling a list of swimmers who may be interested in the swimming lessons (which will incur a small extra charge).

## Event Organisers update and vacancies

**We are now looking for new volunteers who would like to organise a social event.**

**Suggested events: Skittles in Autumn, Pool Party and Panto. Please contact Alex if you are able to help.**

Alex will be now be concentrating on fundraising events so will not be organising socials and Diane will no longer be running the Panto. We would like to thank them both for their hard work and for volunteering their time.

Also thanks to Di and Ossie who have taken on organising our first Sailability event in July. Please contact them direct on 01202 772634 diandossie@hotmail.co.uk to book.

## Membership Renewal 19/20

Membership is due for the forthcoming year from 1st April 2019.

Please complete a renewal form and hand it together with your membership fee to Colin at sessions. Or you can send in the post (see the form for details, please do not post cash). This year we have also introduced the option to complete a Support Profile (on the reverse of the renewal form) if you wish.

## Checking in at Reception

Q.E. management has asked us to remind all swimmers that they must check in at the main reception desk as Q.E. staff need to know the numbers in the pool for Health and Safety reasons.

Please remember that we share the pool with the Centre's public disabled swim session.

Please can we request that any carers/parents who do not provide one to one support in the pool, do not to swim as this takes up space. We aim to prioritise any space in the pool for Wagtails' members with disabilities/health conditions and be considerate of members of the public attending the session. Thank you.

## Skittles at Pamphill

A good turnout for this post Christmas event with 33 members attending and £32 from the raffle. The tasty buffet food was provided by Sorrells. After a "no balls" start to the evening skittles were played and won by Luke and Liz with Greg officiating. Thank you to Alex for organising.



## Forthcoming Events

**Wareham River Cruise**  
Wednesday 22nd May 11.00–2.30  
Contact Helen B

**Stall at Wimborne Folk Festival**  
Saturday 8th June 2019  
Fundraising event—contact Alex

**Sailability at Rockley Park**  
Friday 12th July 10–12  
Contact Di and Ossie

**Dolphin Boat Trip - Poole Harbour**  
Saturday 10th August 11-12.30  
Contact Helen B

**Water Station Bournemouth Marathon**  
Sunday 6th October 2019  
Fundraising event—contact Alex

ALL THESE EVENTS ARE FREE FOR MEMBERS

### Hydrotherapy Session

Our second popular hydro session took place at the hydrotherapy pool at Victoria Sports and Education College in February. Led by chairman and swim instructor Jacqui, members were guided through a range of exercises, experienced flotation and relaxation techniques as well as swimming. Thanks to Jacqui for organising and running the session and to Rita, Amy and Paul for helping. The feedback again was very positive.



**Huge thanks to Wimborne Rotary for their kind donation of £150!**

### Contact Us

#### Committee

Jacqui Sainsbury	Chairperson	01725 553144	<a href="mailto:jacqui@wimbornewagtails.org.uk">jacqui@wimbornewagtails.org.uk</a>
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Ros Barton	Safeguarding	01202883548	<a href="mailto:ros@wimbornewagtails.org.uk">ros@wimbornewagtails.org.uk</a>

#### Organisers

Liz Burrows	Galas and Helpers	01202882676	<a href="mailto:liz@wimbornewagtails.org.uk">liz@wimbornewagtails.org.uk</a>
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Colin Burrows	Meet & Greet		based in reception at sessions.